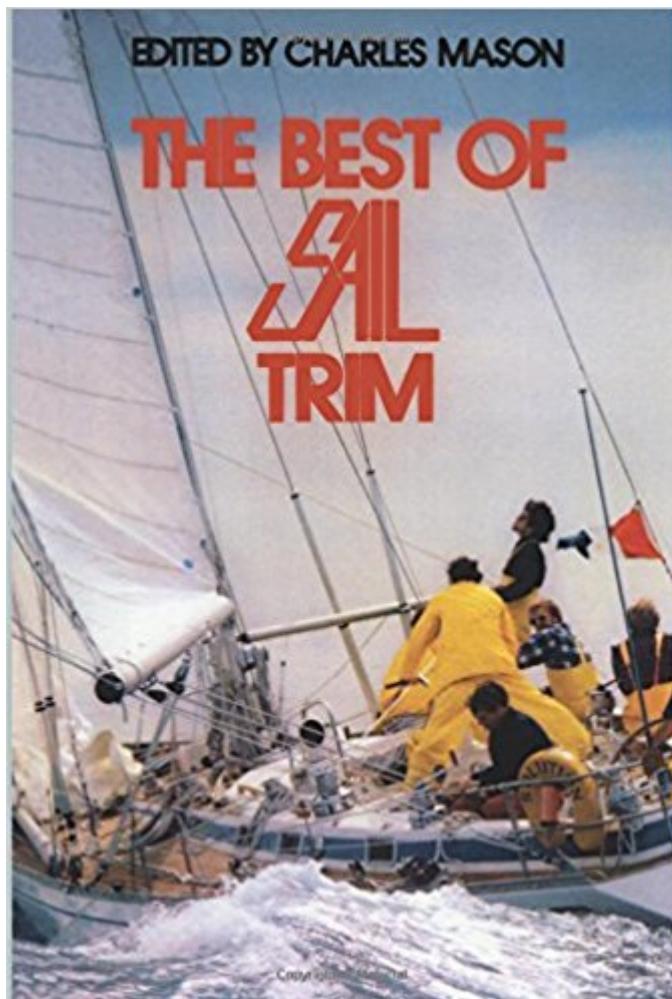


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# The Best Of Sail Trim



## Synopsis

This authoritative anthology of SAIL magazine articles contains a wealth of invaluable advice, tips and opinions from leading yachtsmen, sail designers and manufacturers. It represents current ideas and practice for cruising and racing sailors alike, imparting advice on how to rig everything from dinghies up through ocean racers. By means of this anthology, information which the experts take for granted will assist the ordinary sailor to keep abreast of the times.

## Book Information

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## Customer Reviews

Much thought-provoking material. Recommended. (Practical Boat Owner)Invaluable and at times fascinating reading. (Yachting Monthly)

This book is a collection of articles from Sail magazine in the 1970s and 1980s. This edition was published in 2000 but as far as I can tell all the articles are from 1968 - 1989. While the fundamentals of sail trim haven't changed much over time, the equipment and some of the techniques have. A few articles in here were excellent, but a good proportion felt very dated. For example, the article on spinnakers that discusses turtle boxes (a piece of plywood with an old inner tube that spinnakers were packed in), spinnaker "stops" (lines tied around it during hoist), and spinnaker nets. I guess they didn't have cruising socks in those days, and there's no mention of asymmetrical spinnakers - I guess they didn't even have asyms? The diagrams/pictures are 1980s quality - the grainy B&W images of boats under sail were very hard to decipher and didn't help much in my understanding of their sail trim. There are a few gems in here - but I would've preferred a book

where I don't have to pick through it to find the quality chapters.

Wow - this book - has finally answered all of my more technical questions about trimming sails. Let me caution the casual reader who may be interested in sailing - first take a basic class or read an introduction book, because there is no help here with sail terms or getting your feet wet.

Recommend - will keep on my shelf for a long time I am confident.

Great compilation of articles on how to trim sails for max performance. Nice to hear different points of view on a subject that is as esoteric as trimming sails. Viewpoints that are very technical as well as seat of the pants converging on the same answer makes it easier to remember apply and explain when you are out on the water. It's also great for understanding what's going on so you can troubleshoot or at least know something is ok or what can be compromised while still driving the boat as efficiently as possible.

A little dated, not that aerodynamics change over time, but good review of all the basics. Can't go wrong if you follow what is said.

If you don't have years of sailing experience nor want to become an expert racer, then this book is not for you. Found it way too technical.

A good collection of topics

This book helped me fine tune my sails and understand the underlying air flow schema between the foresail and the jib (it doesn't work the way most people assume)

A collection of articles, some good, some not so god and a couple of bad ones with poor advice. I wouldn't recommend it to anyone. .

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